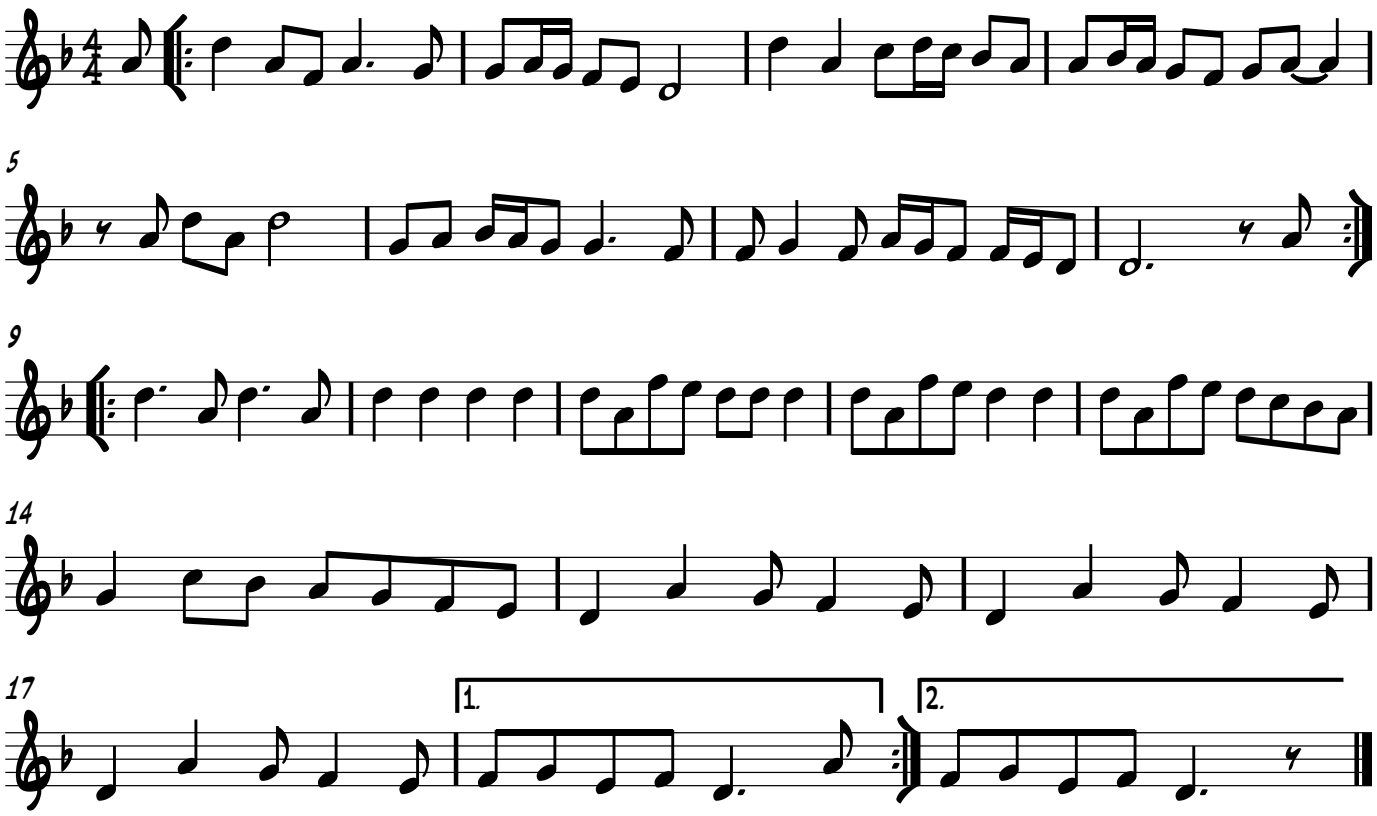A Freylekhs Nokh der Khupe