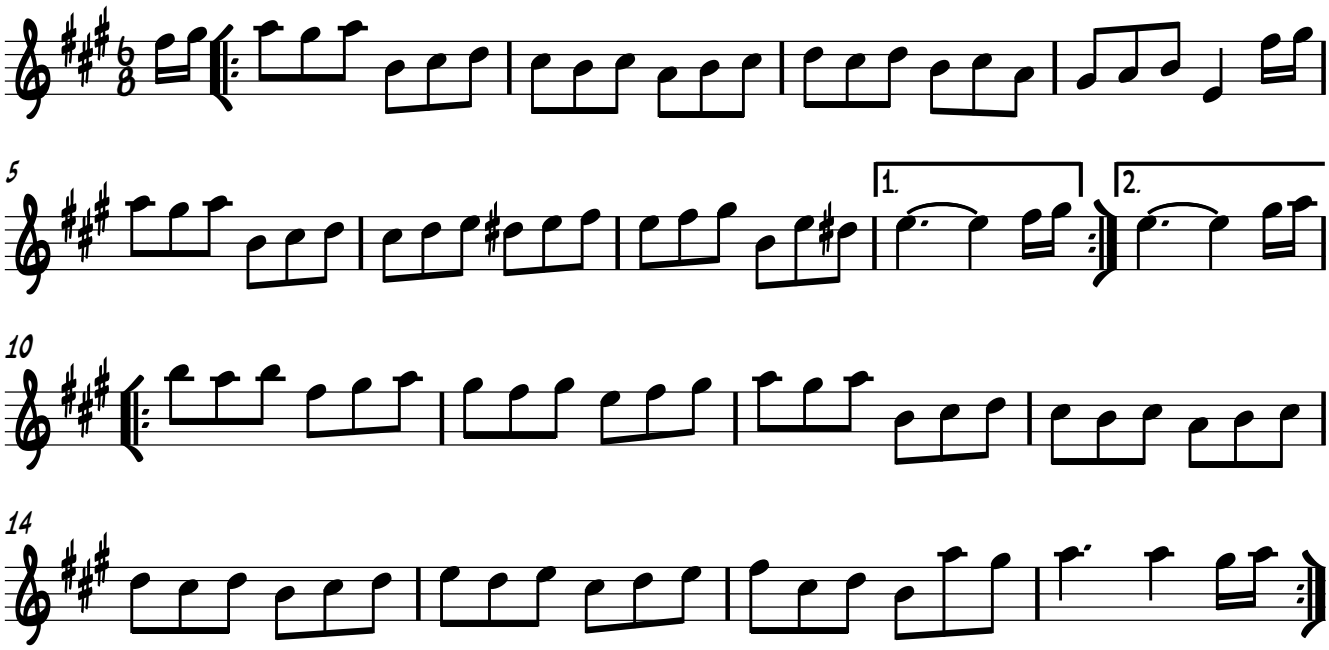Running Morris