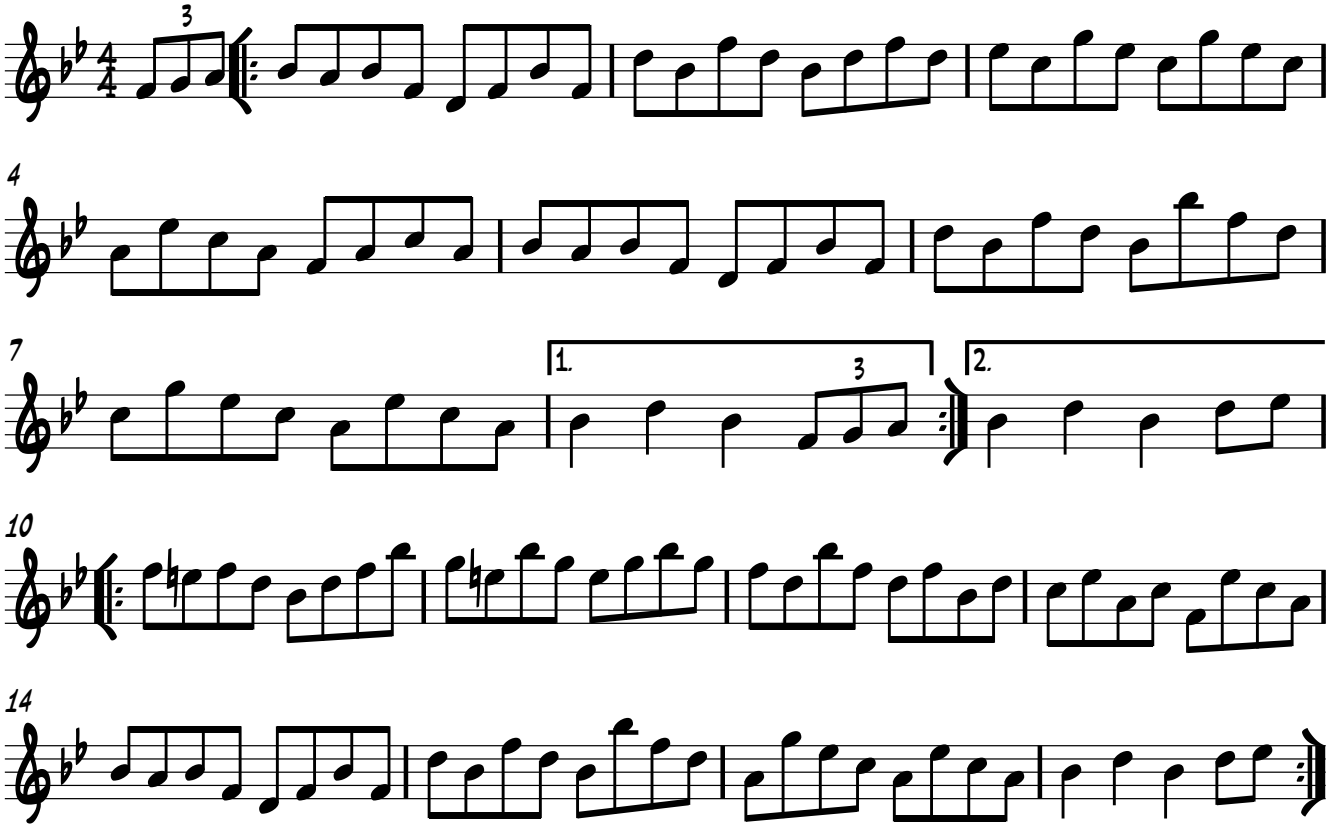Raughton Head